

date?

University of Hawai'i at Mānoa
Library — Archives

Dear Roshi,

I must explain something to you that is of great importance to me. I have devoted the past ten years of my life to psychological healing, which in my experience, facilitates spiritual growth. I think the current Western thirst for delving into personal psychology is both intelligent and necessary. It helps us pave the way to meditation. We Americans need this. So, through the past decade, I have directly experienced the necessity of maintaining honesty, integrity and open communication in my personal relationships. This openness allows a sensitive, mature and deeply felt exchange of energy between myself and those whom I love. Being in deep communication with others is how I choose to live my life. So, you can understand the intensity of my distress at having to keep our affair a secret from the people whom I love. When I told you my distress about our relationship and you told me to lie, I was devastated! I was caught in the position of either telling this secret and "getting you into trouble," or keeping it inside me and feeling very emotionally and physically ill. Holding it in and continually deceiving [redacted] became too much. I told him about a month ago. I feel greatly relieved. However, I am still upset about this whole matter of deceit. Because you have been in this same situation with other women in the past, the emergence of the truth here may have some far-reaching consequences. People will question your integrity, honesty and purpose. I do not intend to cause trouble for you. I care about you. But I am upset about the element of deceit you required me to maintain. I may write more later.

[redacted]

TRANSCRIBED BY

TASHI

orig copy not too legible

MUA